



Fall 2009  
WAZA FC DEVELOPMENTAL TRAINING  
Ages 3-9 years old (boys and girls)



**WAZA FC is pleased to announce the Fall Developmental Academy training session.**

**Dates:**

- Sept 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> -- 6:00 – 7:00 pm @ Jaycee Park
- Oct 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> and 30<sup>th</sup>, 6:00 – 7:00 pm @ Jaycee Park

**Developmental Academy Friendly Games\*:** We have arranged for 6 to 8 friendly games against other clubs such as: Novi Jaguars, LCSC, Canton, WAZA FC East, Rush, Wolves/Hawks

**Trainers:** Seamus Rustin and the WAZA FC coaching staff

**Cost:** \$100 Per Session or \$350 for all 4 Sessions. (price includes a Waza FC T-shirt) (\$415 with kit)

**\*For those who plan on signing up to play in the Friendly games we will be requiring you to purchase a Uniform Kit, the kit will cost \$65 and will be good for all 4 sessions and maybe the next few years. This is also the same kit that the U8-U10 Travel teams use. See picture:**

**\*\*Order forms for the uniform will be available On-site\*\***



**Registration:** Please contact Jessica Wimmer at [developmental@wazafc.com](mailto:developmental@wazafc.com) or 734-223-3390 to reserve your spot. On-site registration will also be available.

The focus will be on body coordination, fast footwork, dribbling with different parts of the foot, controlling the ball and shooting. Balance, changes of speed and direction, controlled breathing and positive reinforcement.